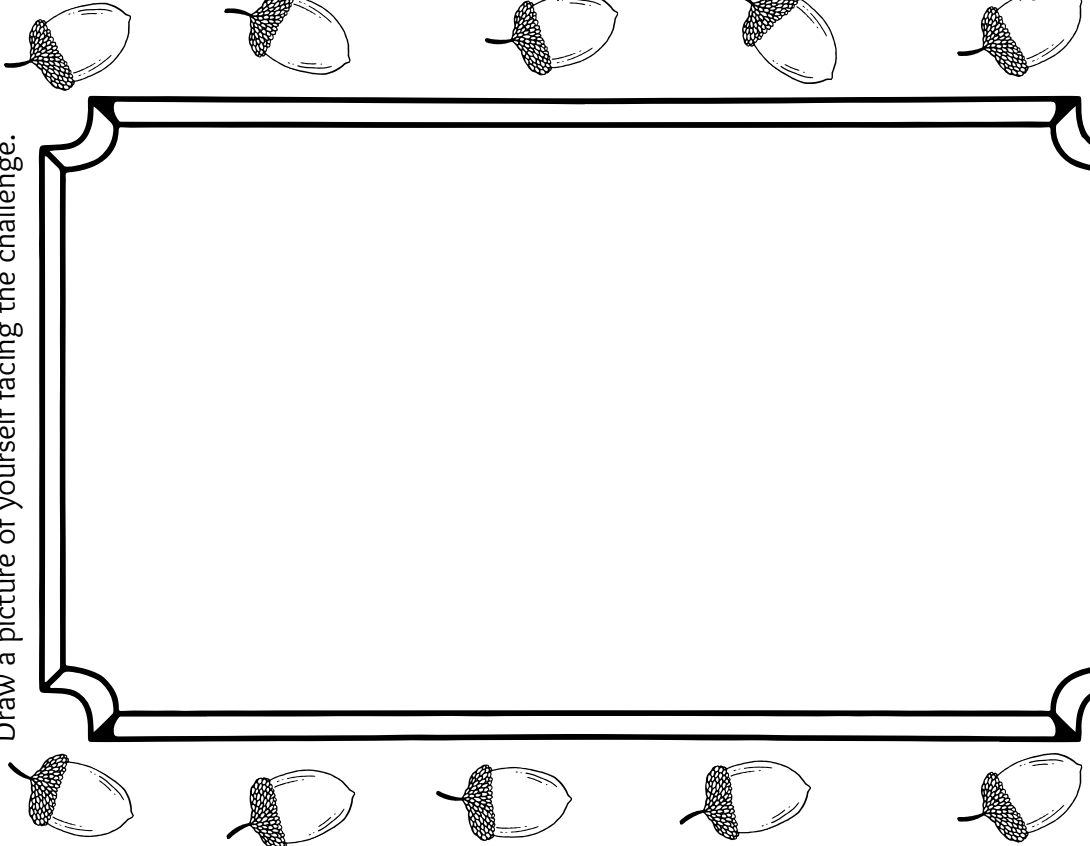
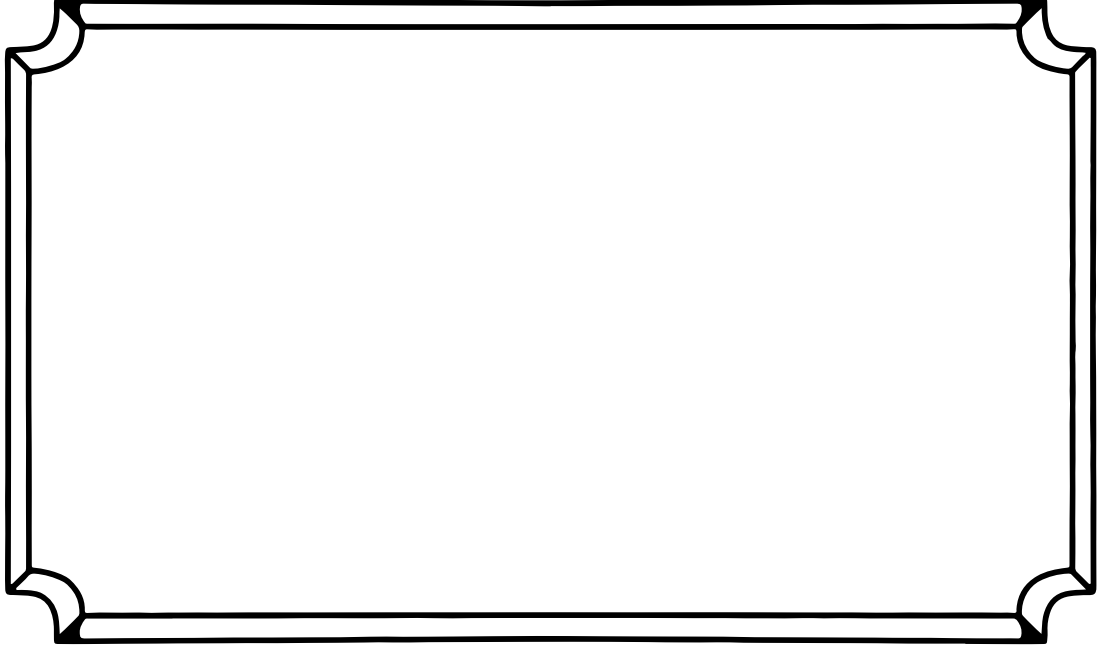


## Grateful for Challenges

Think of a challenge you faced. How did it help you grow stronger or learn something important? Draw a picture of yourself facing the challenge.



# Why I'm Thankful

## Mini Gratitude Journal



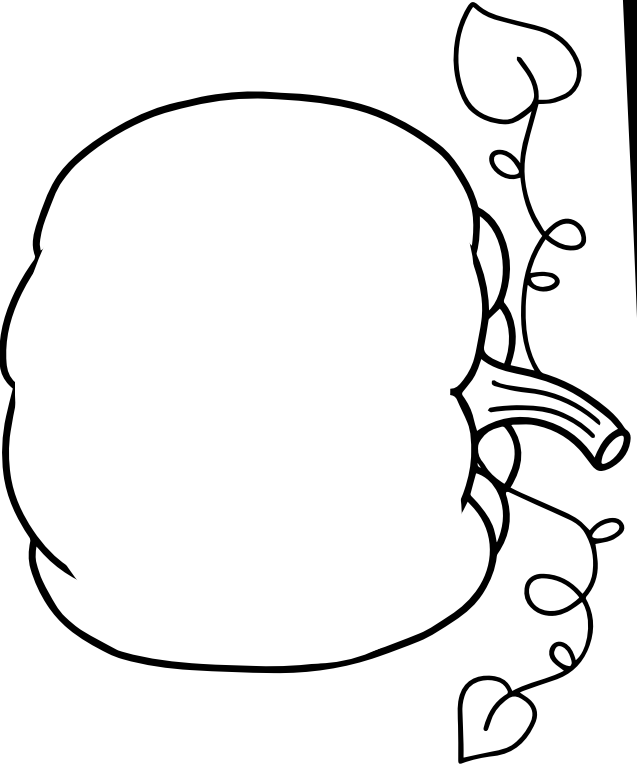
I will give thanks to you, O Lord, among the peoples;  
I will sing praises to you among the nations.

Psalms 57:9

## My Favorite People

Write the names of 3 people you are thankful for in the box. Draw a picture of them inside the pumpkin.

- 1.
- 2.
- 3.



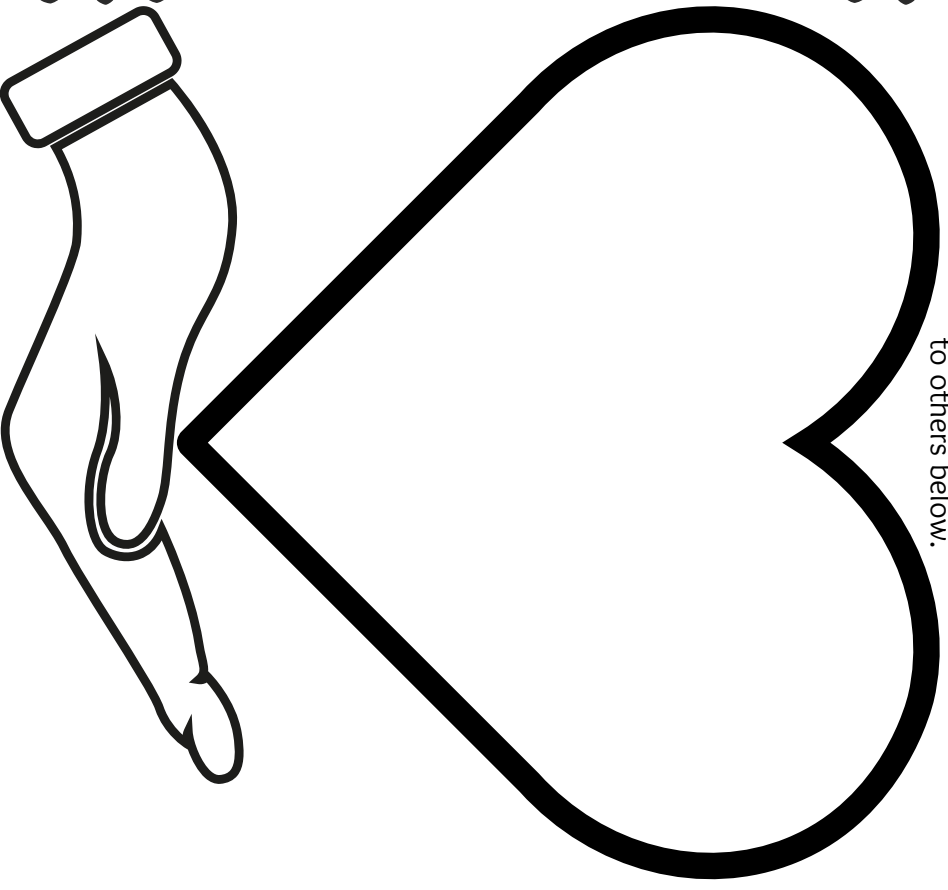
Give thanks to the Lord for He is good, His love endures forever.

1 Chronicles 16:34

2

## Acts of Kindness

Think of a time when someone did something kind for you. How did it make you feel? Think of a way you can show kindness to someone. Draw a picture of yourself being kind to others below.



We give thanks to you, O God, for your wondrous works declare that your name is near.

Psalms 75:1

7

## Simple Joys

List five small things that you are thankful for today (like a favorite snack or a fun game). List them below.

I will give to the Lord the thanks  
due to His righteousness.

Psalms 7:17

## Nature's Gifts

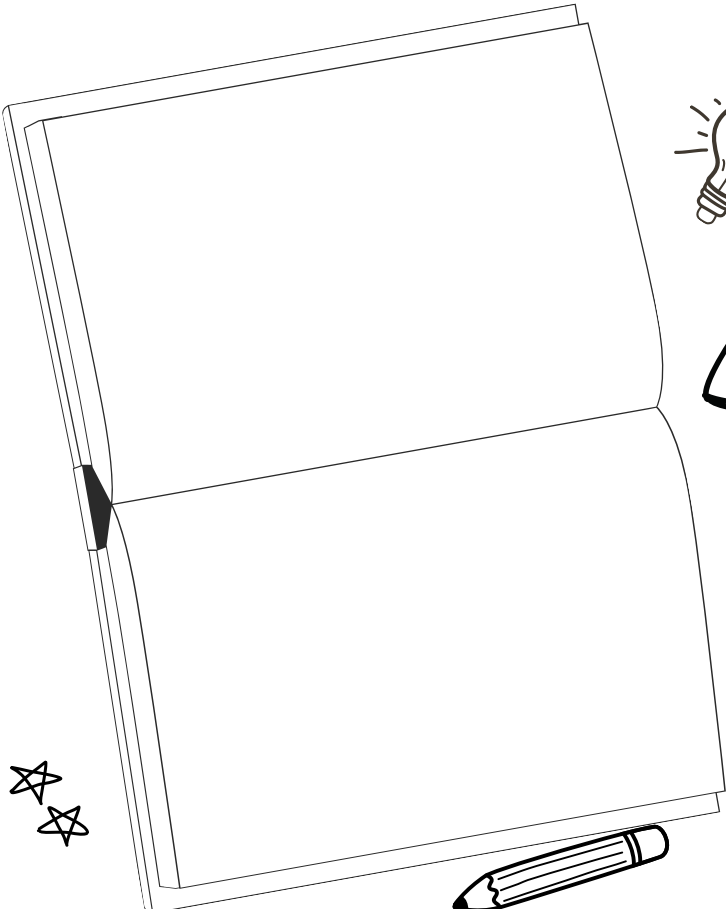
Describe a beautiful place you love in nature. What makes it special? Draw a picture of this place in the frame below.

I will give thanks to the Lord with my whole heart;  
I will recount all of your wonderful deeds.

Psalms 9:1

# Learning & Growth

What is something new you learned recently that you are thankful for? Write or draw about it in the space below.



I give thanks and praise,  
for you have given me wisdom.

Daniel 2:23

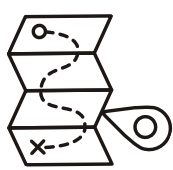
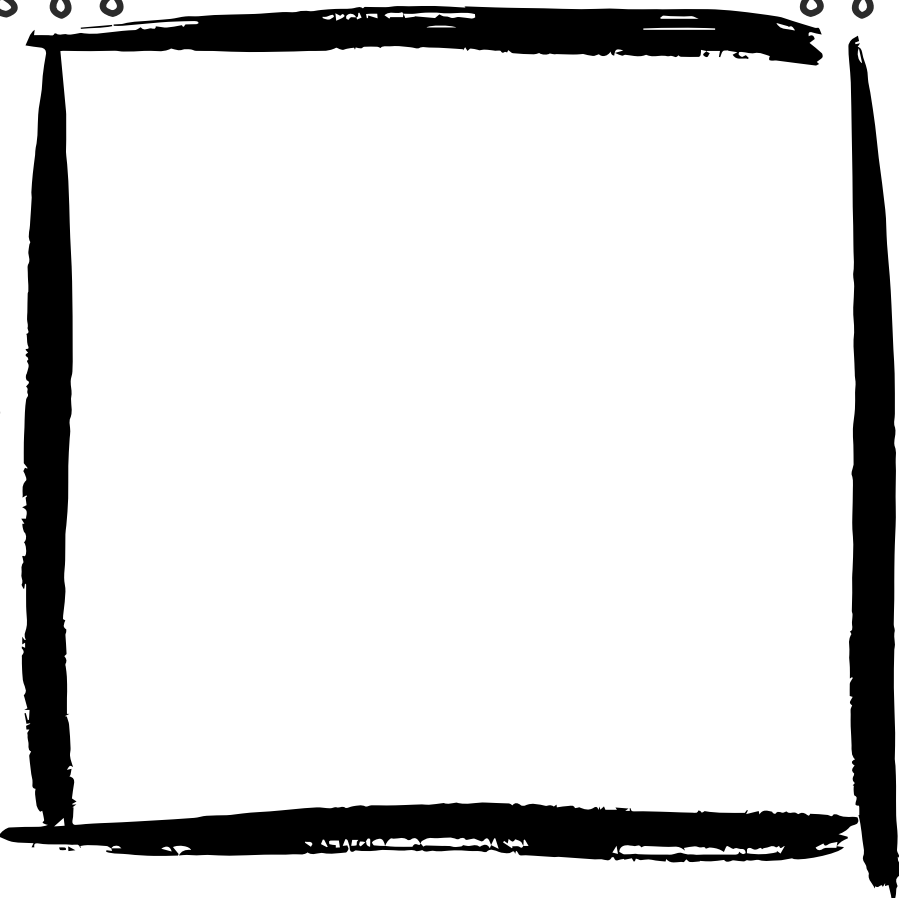
Sticks  
1/20/20



4

# Fun Adventures

Describe a fun outing or adventure you had recently. What made it memorable? Draw or write about it in the space below.



5